

SPILL THE TEA

Summer Events

Club Edition

Sweet Deals for Summer

Tea sales are booming as people discover its pleasure and benefits. From classic black and green teas to herbal blends, there's something for everyone. Take advantage of sales to stock up or try new flavors. Tea's health benefits make it even more appealing, with sales often emphasizing its positive effects.

Explore different brands and varieties during these sales, available in loose-leaf, tea bags, or bottled options. Don't miss out on these opportunities to save while enjoying your favorite beverage, with a wide range of brands and flavors available. Sales on tea present an excellent opportunity to explore different options and expand your tea collection.

Whether you prefer loose-leaf tea, tea bags, or ready-to-drink bottled teas, there are sales to suit every preference. Keep an eye on both physical stores and online retailers for special deals and limited-time promotions, allowing you to indulge in your tea passion while saving money.



Planning and Prep for an Outdoor Tea Party

Organizing an outdoor tea party requires careful planning. Choose a picturesque location with ample seating. Arrange tables, chairs, and elegant decorations. Offer a variety of tea flavors and accompaniments. Serve tea sandwiches, scones with cream and jam, and delicate pastries. Consider incorporating seasonal fruits and refreshing salads to add a touch of freshness to the menu. It's also essential to provide non-tea options such as iced tea, lemonade, or other cold beverages for guests who might prefer them. Remember to accommodate dietary restrictions and allergies by offering vegetarian, gluten-free, or dairy-free options. Create a charming atmosphere for a memorable experience.



The Best Tea Cups

Are the ones you already have available to use. Cute, vintage tea cups can be found at garage sales and thrift stores to brighten up your table.

What to Serve

A selection of tea sandwiches with various fillings, scones with clotted cream and jam, and a range of delicate pastries and cakes make a tea party.








Name	Serving	Description	Photo
Black tea	25-48 mg per 8 oz serving	Black tea is made from fully oxidized leaves and has a bold, robust flavor. It contains caffeine and is often consumed to boost energy levels. It is also believed to improve heart health and reduce the risk of certain types of cancer.	
Green tea	25-29 mg per 8 oz serving.	Green tea is made from unoxidized leaves and has a subtle, grassy flavor. It is rich in antioxidants and is believed to have a wide range of health benefits, including boosting metabolism, reducing inflammation, and improving brain function.	
White tea	15-30 mg per 8 oz serving	White tea is made from young leaves and buds that are minimally processed. It has a delicate flavor and is rich in antioxidants. It is often used for its anti-aging properties and is believed to improve skin health.	
Oolong tea	12-55 mg per 8 oz serving	Oolong tea is partially oxidized and has a complex, floral flavor. It is believed to have a range of health benefits, including improving digestion and reducing the risk of heart disease.	
Herbal tea	generally caffeine-free	Herbal tea is made from dried herbs, fruits, and flowers and comes in a wide range of flavors. It is caffeine-free and is often consumed for its medicinal properties, such as reducing stress, aiding sleep, and improving digestion.	

Table Header			



Tasty Tea Treats

Tea sandwiches, also known as finger sandwiches, are small, delicate sandwiches traditionally served during afternoon tea in British culture. The origins of tea sandwiches can be traced back to the 19th century when Anna, the Duchess of Bedford, is said to have initiated the afternoon tea ritual.

During the Victorian era, it was customary to have two main meals: breakfast and dinner, with a long gap in between. Feeling hungry during the afternoon, the Duchess began requesting a light meal of tea and snacks to be served in her private quarters. Over time, this afternoon tea practice gained popularity among the upper class and eventually spread to the general population.

Tea sandwiches were introduced as part of the afternoon tea menu as a way to provide a savory option alongside sweet pastries and cakes. These sandwiches were designed to be dainty and easy to handle, suitable for consumption with one's fingers. The fillings for tea sandwiches traditionally include thinly sliced cucumbers, smoked salmon, ham, chicken, egg salad, or cream cheese with various herbs and spices.

Tea sandwiches quickly became an essential component of afternoon tea, reflecting the elegance and refinement associated with this social occasion. Today, they continue to be served in tea rooms, hotels, and households around the world as part of the British afternoon tea tradition. The variety of fillings and bread choices has expanded over time, but the essence of the tea sandwich as a light, bite-sized treat remains intact.

"Tea is the magic potion that turns strangers into friends."





Alice

The story behind Alice's Adventures in Wonderland, a beloved children's book written by Lewis Carroll (the pen name of Charles Dodgson), is inspired by a young girl named Alice Liddell. Alice Liddell was the daughter of Henry Liddell, the Dean of Christ Church in Oxford, where Carroll worked as a mathematics lecturer. Carroll often took Alice and her sisters on boating trips and entertained them with stories. One such story, told during a boating trip on July 4, 1862, became the basis for Alice's Adventures in Wonderland.

Captivated by Carroll's imaginative tale, Alice Liddell urged him to write it down. Carroll took her advice and expanded the story into a book, published in 1865. Alice Liddell served as the inspiration for the main character, Alice, who embarks on a whimsical adventure in a fantastical world filled with peculiar characters and nonsensical situations.

In addition to writing, Lewis Carroll continued his work as a mathematician and photographer. He also maintained his close friendship with the Liddell family. Despite his continued literary efforts,

After the success of Alice's Adventures in Wonderland, Lewis Carroll continued to write and publish several more books, although none achieved the same level of fame as Alice. Some of his notable works include:

Through the Looking-Glass, and What Alice Found There (1871): This is the sequel to Alice's Adventures in Wonderland, featuring another imaginative journey of Alice through a mirror into a surreal world.

The Hunting of the Snark (1876): This is a humorous and nonsensical poem about a group of adventurers searching for a mythical creature called the Snark.

Sylvie and Bruno (1889) and Sylvie and Bruno Concluded (1893): These novels combine elements of fantasy, romance, and social satire. They follow the adventures of two children, Sylvie and Bruno, in both the real world and a parallel fantasy realm.

it was Alice's Adventures in Wonderland that secured his enduring legacy as one of the most imaginative and influential children's authors of all time.

The real Alice Liddell's involvement in the creation of the story has led to her becoming an iconic figure, forever linked to the imaginative world of Wonderland.

Alice Liddell, born on May 4, 1852, was the real-life inspiration behind the character Alice in Lewis Carroll's Alice's Adventures in Wonderland. She was the daughter of Henry George Liddell, the Dean of Christ Church at the University of Oxford, where Carroll (whose real name was Charles Lutwidge Dodgson) worked as a mathematics lecturer.

Alice Liddell and her two sisters, Lorina and Edith, often spent time with Carroll, who became a family friend. On July 4, 1862, during a boating trip, Carroll entertained the three sisters with a whimsical story that eventually evolved into Alice's Adventures in Wonderland. Impressed by the tale, Alice Liddell encouraged Carroll to write it down, and he later presented her with a handwritten manuscript of the story as a Christmas gift.

Alice Liddell's charm, curiosity, and imaginative nature served as the inspiration for Carroll's young protagonist, Alice. While the character of Alice in the book is different from the real Alice Liddell, she became forever associated with the enchanting world of Wonderland.

Alice Liddell later married and became Alice Hargreaves after her marriage to Reginald Hargreaves in 1880. Throughout her life, she maintained a connection with Carroll's work and his portrayal of her as Alice in Wonderland. Alice Liddell Hargreaves passed away on November 16, 1934, leaving behind a lasting legacy as the inspiration for one of the most beloved literary characters in children's literature.





Photo by: Jane Doe



Photo by: The Happy Couple



Photo by: Best Friends



Photo by: The Tea



Photo by: Your Server



Photo by: The Besties

The Scoop on Tea

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Green tea: 25-29 mg per 8 oz serving. Green tea is made from unoxidized leaves and has a subtle, grassy flavor. It is rich in antioxidants and is believed to have a wide range of health benefits, including boosting metabolism, reducing inflammation, and improving brain function.

White tea: 15-30 mg per 8 oz serving. White tea is made from young leaves and buds that are minimally processed. It has a delicate flavor and is rich in antioxidants. It is often used

for its anti-aging properties and is believed to improve skin health.

Oolong tea: 12-55 mg per 8 oz serving. Oolong tea is partially oxidized and has a complex, floral flavor. It is believed to have a range of health benefits, including improving digestion and reducing the risk of heart disease.

Herbal tea: generally caffeine-free. Herbal tea is made from dried herbs, fruits, and flowers and comes in a wide range of flavors. It is caffeine-free and is often consumed for its medicinal properties, such as reducing stress, aiding sleep, and improving digestion.

Chai tea: varies. Chai tea is a spiced tea that originates from India and is made with a blend of black tea,

milk, and spices such as cinnamon, cardamom, and ginger. It is often consumed for its warming properties and is believed to improve digestion and boost the immune system.

Pu-erh tea: 30-100 mg per 8 oz serving. Pu-erh tea is a fermented tea that is often aged for several years before being consumed. It has a strong, earthy flavor and is believed to aid digestion and promote weight loss.

